

# PROGRESS WINTER 2011 REPORT

*Serving the Willamette Valley for over 30 years*

Official  
SPORTS THERAPY &  
REHAB PROVIDER OF



## AT PT NORTHWEST WE UNDERSTAND "IT IS NOT ABOUT US"

*It is about our patients and communities that we serve. Although we are the largest outpatient physical rehabilitation provider in the mid-Willamette Valley, we are extremely proud that we are truly a part of the communities that we serve. Those roots started growing in the mid-valley thirty-four years ago.*

*Our commitment* to our various communities is shown in numerous ways. You might bump into a PT Northwest therapist who is speaking at a health fair at a local elementary school. You might find one of our athletic trainers helping at an event like Hoopla or at Willamette University's summer sports camps. A Rotary or Chamber of Commerce meeting might be another place to find a member of the PT Northwest family, who is trying to provide solutions to the challenges our communities face. You will definitely find someone from PT Northwest coaching a youth sports team. You will find our group encouraging active and healthy lifestyles through community events like the Iris Festival Run, Shamrock Run, Relay for Life, & YWCA Pink Walk. You will also find us being used as a resource for health care information through our free PT Northwest Symposium events.

*In the end,* "it is not about us." It is truly about serving others. This fact was vividly brought home to us by a letter that we recently received from David Jones. David was seen at our West Salem location.





*Dear PT Northwest,*

*Thanks to you, I was able to fulfill my goal of running my first marathon! After suffering a knee injury, I thought I would not be recovered in time to train even though I had already set up a website to run the Portland Marathon as a fundraiser for Special Olympics. Much to my surprise, not only was I able to start running again, but I ran the entire Portland Marathon without any hint of a problem with my knee. I finished my first marathon in under 4 hours and was able to raise over \$700 for the Special Olympics.*

*—David Jones*

*David's son* is a Special Olympics athlete. Being able to run in the Portland Marathon to raise money for his son was very special to David.

*David's story* reminds us once again that PT Northwest exists to serve others. That is the core of who we are.

*We are very aware* that you have a choice. We want to thank you for choosing PT Northwest to meet your physical rehabilitation needs.

*Everyone in the PT Northwest family* hopes you and your loved ones have a fantastic holiday season.

## Restoring Your Active **Lifestyle**

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