



PT NORTHWEST

Physical Therapy | Occupational Therapy | Speech Therapy

Low Back Care

Anatomy & Self Preservation of the Spine



FEATURED SPEAKERS

Lynne Pedersen, *DPT, COMT*

Mike Hmura, *MSPT*

HOSTED BY

Mike Hmura, *MSPT*

DETAILS

- Light lunch will be served
- Lifting, stretching & posture techniques
- Open to the public
- Space is limited to 35 people

Date Wednesday, June 30th

Time 12-1:00 pm

RSVP By June 25th

Location PT Northwest | NE Salem

685 36th Ave NE

503.371.8860

NE SALEM
503.371.8860

STAYTON
503.769.7131

SOUTH SALEM
503.585.5131

WEST SALEM
503.391.5542

KEIZER
503.463.5231

MONMOUTH
503.838.4244

CORVALLIS
541.602.4423

ADMINISTRATION
503.540.8701